

wherein the outsole has a contraction, the contraction extending to a first area where a back of the foot is located;

wherein a heel guide for a heel of the foot is provided in the upper part, the heel guide having one of a heelplate and a flexible heel brace;

wherein the one of the heelplate and the flexible heel brace are arranged in a second area where the heel of the foot is located;

wherein the one of the heelplate and the flexible heel brace are such that a Achilles tendon of the foot is free.

¹²
13. (New) The shoe according to claim ¹¹12,

wherein the contraction in the outsole is in a third area between where a forefoot of the foot is located and where the back of the foot is located;

¹³
14. (New) The shoe according to claim ¹¹12,

wherein, the outsole has a connecting area adjacent to the contraction.

¹⁴
15. (New) The shoe according to claim ¹³14,

wherein, the connecting area has a flexibility such that a torsion of a forefoot with respect to the back of the foot is impeded as little as possible.

¹⁵
16. (New) The shoe according to claim ¹¹12,

wherein, in a fourth area where a forefoot is located, the outsole has a profiling, the profiling providing for a great flexibility of the outsole with regard to the heel-to-toe motion of the foot.

¹⁶
17. (New) The shoe according to claim ¹¹12,

wherein the shoe is a shoe for small children.

¹⁷
18. (New) The shoe according to claim ¹⁵16,

wherein the profiling has one of parallel grooves and ray-shaped grooves, the one of the parallel grooves and the ray-shaped grooves extending at least partially over a width of the shoe.

¹⁸
19. (New) The shoe according to claim ¹⁷18,

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wherein the one of the parallel grooves and the ray-shaped grooves extend over the entire width of the shoe.

¹⁹
20. (New) The shoe according to claim ¹⁵~~16~~,

wherein the profiling is made up of at least two materials having different elasticities.

²⁰
21. (New) The shoe according to claim ¹¹~~12~~,

wherein the contraction of the outsole is arranged on an inner side of the shoe.

²¹
22. (New) The shoe according to claim ¹¹~~12~~,

wherein the contraction of the outsole is arranged on an outer side of the shoe. ?

²²
23. (New) The shoe according to claim ²⁰~~21~~,

wherein the outsole has a further contraction, the further contraction being arranged on an outer side of the shoe. *2 contractions not shown in drawings*

²³
24. (New) The shoe according to claim ¹¹~~12~~,

wherein the outsole has a thickness, the thickness being reduced to a minimum thickness required by conditions for manufacturing. ?

²⁴
25. (New) The shoe according to claim ¹¹~~12~~,

wherein the outsole is provided with a heel in the first area.

²⁵
26. (New) The shoe according to claim ¹⁷~~18~~,

wherein the profiling is made up of at least two materials having different elasticities.

²⁶
27. (New) The shoe according to claim ¹⁸~~19~~,

wherein the profiling is made up of at least two materials having different elasticities.--

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